



# Local Resources: Storm Support

Below are online resources that may be able to assist you in locating and receiving aid in the wake of **Hurricane Helene**. To access the websites, please click on the resource name or follow the link below.

You can always reach out to Carelon Wellbeing 24/7 for additional resource connection and support: 888-275-0021.

## **Tropical Storm & Hurricane Preparedness and Recovery**

- [Red Cross Prepare for Emergencies](#)
- [US Hurricane Readiness](#)
- [Nationwide: Resources and Preparation](#)
- [US Weather/Hurricane Safety](#)
- [CNN: Hurricane Checklist](#)
- [CDC Disaster/Hurricanes](#)
- [Hurricane Safety Checklist](#)
- [A Place for Mom Hurricane Planning Advice](#)
- [Caregiving & Safety In a Disaster](#)
- [Childhood Trauma in a Disaster/Hurricane](#)

## **National Hurricane Center and Central Pacific Hurricane Center**

### **North Carolina Power Outage Map**

### **Road Closures and Evacuations**

For information about road closures, you can also dial 511.

### **Local Red Cross Locator**

### **Red Cross Smartphone Apps**

These apps offer updates on the current emergency and provide information on safety during a disaster.

### **Local Salvation Army Locator**



EAP = Employee Assistance Program

[livetheorangelife.com/carelon](https://livetheorangelife.com/carelon)

**888-275-0021 | TTY 711**

Para Español [livetheorangelife.com/carelonspa](https://livetheorangelife.com/carelonspa)



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## United Way of the Coastal Empire

2-1-1 is an easy-to-remember phone number that connects callers to information and services in times of need. It is available 24 hours a day, seven days a week, even during disasters. Please call if you are seeking resources such as clothing, food, or programs for your family.

## Federal Emergency Management Agency (FEMA)

500 C Street Southwest  
Washington, DC 20472  
800-621-FEMA

If a disaster is declared in your area, please call to apply for assistance or visit <https://www.disasterassistance.gov>.

## **FEMA Text Message Program**

- To locate an open emergency shelter, text SHELTER and a zip code to 43362 (4FEMA).
- To locate an open Disaster Recovery Center, text DRC and a zip code to 43362 (4FEMA).

Please note that standard message and data rates apply.

## North Carolina Emergency Management

## North Carolina Department of Social Services Assistance Programs

## SAMHSA Disaster Distress Helpline

Nationwide hotline: 800-985-5990  
Text "TalkWithUs" to 66746

## VRBO

VRBO may offer reduced rates for housing in times of disaster.

## Red Cross Shelter Locator



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