# **E** carelon

# Support for a Natural Disaster

A natural disaster impacts the whole community. If you need ongoing support, including counseling and community-based resources, reach out to Carelon Wellbeing and access all benefits available.

Carelon has up-to-date information on the Critical Event Support page:

hd.carelonwellbeing.com/hd/critical-event-support



#### FEMA

Federal assistance to those experiencing impacts from the storm. Includes help with shelter, property, and income loss. 800-621-3362

## **Red Cross**

Get tips for preparedness steps you can take today, what to do in an emergency, and how to repair and rebuild afterward.

800-RED-CROSS (800-733-2767)





SAMSHA (Substance Abuse and Mental Health Services Administration) Provides communities and responders with behavioral health resources that help them prepare, respond, and recover from disasters. 800-985-5990

### **Search for Resources**

Scan here for resources in your community. Locate emergency food, temporary shelter, and financial support services from the Carelon Wellbeing website.





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