

Hurricane Isaias: Gulf Coast Preparedness & Support Resources

For employees and household members in the northern Gulf Coast region. Status, forecast and local instructions can change quickly; confirm details through official live sources before taking action.

For Hurricane Isaias updates, monitor the National Hurricane Center. Follow local emergency management guidance and check state transportation updates before making travel or evacuation decisions.

Immediate Help & Safety

Emergency or immediate danger

Call 911

Police, fire, rescue and emergency medical assistance.

Mental health crisis support

Call or text 988

Immediate support for anyone experiencing a mental health crisis.

Local shelter, food & financial referrals

[Website](#)

Call 211

Local referrals for shelter, food, transportation, utilities, childcare, cleanup and case management.

Power Outage & Generator Safety

[Website](#)

Safety guidance for power outages, generators, carbon monoxide and other post-storm hazards.

Official Storm Track, Alerts & Preparedness

National Hurricane Center (NOAA)

[Website](#)

Official Isaias advisories, forecast cone, track maps, watches and warnings, storm surge and rainfall graphics.

National Weather Service

[Website](#)

Local forecasts, weather alerts, flood warnings, tornado warnings and local office updates.

Ready.gov - Hurricanes

[Website](#)

Evacuation planning, supply lists, protecting documents, alerts and recovery steps.

State & Local Emergency Resources

Florida Panhandle

[Website](#)

Alabama

[Website](#)

Mississippi

[Website](#)

Louisiana

[Website](#)

Georgia

[Website](#)

Florida Panhandle: Local Emergency, Shelter & Travel Resources

Use Florida state resources plus county emergency management for evacuation zones, shelter openings, road closures and re-entry instructions. Shelter openings and addresses can change during the event.

Shelter rule: do not travel to a shelter address unless it is listed as open by Florida Disaster, your county emergency management office or another official source.



Shelter & Local Assistance

Florida shelter status	Open shelters and special-needs shelter information. SAIL: 1-800-342-3557.	Website
Special-needs registry	Register early for medical, mobility or disability-related needs. Registration does not guarantee a space.	Website
211 support	Call 211 or text ZIP to 898211 for local food, shelter, recovery and social-service referrals.	Website



Evacuation Zones & Road Conditions

Florida evacuation zones & maps	Check evacuation zones, flood-risk information and local emergency management contacts.	Website
Florida 511	Call 511. Check road and bridge conditions, closures, detours and traffic before leaving.	Website



County Emergency Management

Statewide county directory	Find your county emergency management office for local alerts, evacuation orders, shelter openings, re-entry guidance and other county-specific updates.	Website
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Emergency Weather Radio

NOAA Weather Radio	A battery-powered NOAA Weather Radio can provide watches and warnings if internet or cellular service is disrupted. Use the National Weather Service to identify the transmitter serving your area.	Website
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Alabama, Mississippi, Louisiana & Georgia: Official State Resources

Use state emergency management and transportation resources for alerts, shelter information and road conditions. Follow county or parish officials for local evacuation and re-entry instructions.

Shelter availability and evacuation guidance may change during the event. Confirm current information through state and local emergency management before traveling.

Alabama

Alabama EMA	State alerts, preparedness guidance and county contacts.	Website
ALGO Traffic	Road conditions, closures, cameras, delays and travel alerts.	Website

Mississippi

MEMA	State updates, county guidance and recovery information.	Website
Shelters & Safe Rooms	Check current shelter and safe-room information.	Website
MDOTtraffic	Road closures, traffic alerts and travel conditions.	Website

Louisiana

GOHSEP	State and parish emergency information, evacuation guidance and preparedness.	Website
Louisiana 211	Call 211 or text ZIP to 898-211 for shelter, food, housing and nearby disaster support.	Website
Louisiana 511	Call 511 or 888-762-3511 for road closures, detours and weather-related travel impacts.	Website

Georgia & Inland Impacts

GEMA	Hurricane preparedness, evacuation guidance, local contacts and alerts for inland or secondary impacts.	Website
511 Georgia	Road closures, traffic conditions, detours and evacuation routes.	Website

Recovery, Financial & Emotional Support

Find community assistance, disaster recovery programs and emotional support. Confirm current availability before seeking assistance.

Assistance availability depends on location, eligibility, disaster declarations and current funding. Confirm details through official relief organizations, local emergency management or your insurance provider before applying.



Immediate & Community Support

American Red Cross	1-800-RED-CROSS. Open shelters, food, supplies and recovery support. Use the shelter finder, not office addresses.	Website
Disaster Housing & Assistance	Find information about emergency shelter, temporary housing and other housing assistance available after a disaster.	Website



Financial & Recovery Assistance

FEMA Disaster Assistance	1-800-621-3362. Apply after a federal disaster declaration for eligible housing, home repair and other needs.	Website
D-SNAP	States may activate post-disaster food benefits with USDA support after eligible declared disasters.	Website
SBA Disaster Loans	Homeowners, renters, nonprofits and businesses may qualify for low-interest loans after declarations.	Website
Disaster Unemployment Assistance	Temporary unemployment assistance may be available to eligible workers or self-employed individuals whose employment is lost or interrupted because of a federally declared disaster.	Website



Emotional Support

SAMHSA Disaster Distress Helpline	Website
Call or text 1-800-985-5990 for disaster-related emotional distress.	
Coping After a Disaster	Website
Practical guidance for managing stress after a disaster, including self-care, staying connected, limiting distressing media exposure and knowing when to seek additional support.	

Evacuation, Travel & Safety Checklist

Use this checklist for storm-specific decisions. Confirm details through county emergency management, local alerts, state DOT/511, NWS and official shelter sources.

Follow local evacuation orders and check official road conditions before traveling. Never drive through floodwater, and return only when local officials say it is safe.

Before You Evacuate

Secure your home

Bring in outdoor items, close and lock windows and doors, and follow local guidance for utilities.

Pack, fuel & charge early

Bring medications, chargers, cash, offline maps, IDs, insurance documents, pet supplies, water and snacks. Keep your vehicle fueled and devices charged.

Enable emergency alerts

Keep Wireless Emergency Alerts enabled and sign up for local emergency notifications when available. Monitor official alerts as conditions change.

Know your surge and evacuation zone

If you are in a coastal or low-lying area, know your evacuation zone and follow local evacuation orders.

During Evacuation & Severe Weather

Leave early

Evacuate when ordered or when local officials recommend it. Gridlock, fuel shortages, bridge closures and limited hotel availability can happen quickly.

Plan routes & destinations

Identify more than one evacuation route and destination. Check official DOT/511 systems before leaving.

Avoid floodwater

Never drive through floodwater. Turn around, do not drown.

Avoid unsafe areas

Stay away from storm surge zones, damaged buildings, downed lines and standing water near electrical equipment.

After the Storm

Return safely

Return only when local officials say it is safe. Watch for structural damage, gas leaks, downed power lines, contaminated water and unstable trees.

Use safe food & water

Follow local boil-water advisories and discard food that may be unsafe due to flooding or extended power loss.

Use generators safely

Use generators outdoors and away from windows, doors and vents. Never use one inside a home, garage or enclosed space.

Document damage

Take photos and videos before cleanup when safe. Save damaged-item lists, receipts, claim numbers and repair estimates.

Disclaimer: The resource listings provided are for informational purposes only and are not intended as endorsements, referrals, or recommendations of any particular programs, providers, or services. Carelon Behavioral Health makes no representations or warranties regarding the quality, suitability, or outcomes of the listed resources. It is the sole responsibility of the individual to evaluate and select any providers or programs based on their own judgment and due diligence.